8th Annual Cazenovia Pumpkin Run 5K/Spooky Sprint

to benefit the Cazenovia High School Classes of 2023 & 2024

Sunday, October 27, 2019 – 1:00 pm start

Begins near the front of the Cazenovia High School, 31 Emory Ave, Cazenovia NY 13035

The Spooky Sprint is an 800 meter (1/2 mile) run/walk for kids, at any age, and begins before the Pumpkin Run around the Green near registration. This is free for kids. Halloween costumes are encouraged! Spooky Sprinters may also pre-register and order a t-shirt for $10.

The 5K Pumpkin Run starts at the High School, heading East on Nickerson Street and then South on Lincklaen. After turning right onto Seminary, the route then turns north winding through the village and town ending back in front of the Middle School. It follows the same basic path as the legendary Chilly Chili Run!

5K Cost: $25 (Includes T-shirt) (pre-register by October 20 to guarantee a T-shirt).

Please mail entries or drop them off in the high school or bring to site for race-day registration, which begins at 12:00 noon on October 27 in front of the Middle School.

Make checks payable to: "CCS" w/ Class of 2023 or Class of 2024 on memo line
Mail to: Cazenovia HS, "Pumpkin Run"
31 Emory Ave, Cazenovia, NY 13035 by October 20.

Please count my entry to benefit: ( )Class of 2023 ( )Class of 2024

Last Name **First Name** **Sex**

City **State** **Zip**

Birth Date ___/___/_____ Phone # _____ and/or E-mail:_____

Shirt Sizes: __YS __YM __ YL __S __M __L __XL (Pre-order by Oct. 20, limited #'s available race day)

Release: Running a road race requires mental and physical preparation. I agree that I should not run unless I am properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the race. I assume all hazards associated with running this event, including falls, contact with other runners, the effects of the weather including high heat and humidity, and the conditions of the trail, all such risks known and appreciated. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Cazenovia Central School District and other sponsors, organizers and successors from all claims or liabilities of any kind arising out of my participation in the event.

Signature:_____Date:_____

Parent/Guardian Signature: _____ Date:_____
(Parent or Guardian's signature also necessary if 17 years of age or younger)